Parent Resource List

Websites:

- Alberta Health & Wellness: Health in Action parent resources
  www.shakenbaby.ca
- Prevent SBS British Columbia (a new program from BC Children’s Hospital)
  www.dontshake.ca
- Canadian Paediatric Society: pregnancy and babies information
  www.caringforkids.cps.ca/babies/index.htm
- Happiest Baby on the Block official website containing excerpts from the book
  www.thehappiestbaby.com
- Child & Family Canada: Preventing Shaken Baby Syndrome
  http://www.cfc-efc.ca/docs/canps/10010_en.htm
- Child & Family Canada: useful information on parenting
  http://www.cfc-efc.ca/menu/parenting_en.htm
- Maternal Infant Services Network: the Period of PURPLE crying
  http://www.misn-ny.org/mh_crying.shtml
- Family TLC: tools to enhance the parent/child relationship
  http://www.familytlc.net/crying_newborn.html
- Ontario’s maternal, newborn, and early child development resource centre
  www.beststart.org

Reading Material:

- The Fussy Baby Book
  William Sears, M.D., and Martha Sears, R.N. ISBN: 0-316-77916-4
- The Attachment Parenting Book
- First Time Parents
  Dr. Miriam Stoppard ISBN: 0-7566-1740-5
- A Simple Gift: Comforting Your Baby
  Infant Mental Health Promotion Project, The Hospital for Sick Children CHIP303
- A Simple Gift: Comforting Your Baby, A Guide For Professionals
  Infant Mental Health Promotion Project, The Hospital For Sick Children CHIP102
- The Happiest Baby On The Block
  Harvey Karp, M.D. ISBN: 0-553-38146-6

DVDs:

- Bringing Baby Home
  The Liandrea Company
- A Simple Gift: Comforting Your Baby
  Infant Mental Health Promotion Project, The Hospital for Sick Children
- The Happiest Baby On The Block
  Harvey Karp, M.D. ASIN 0-972-17952-6